

We believe in sharing love and grace with God and one another.



Ascension Highlights What's Happening This Week

- Cultivating Compassion Wednesday, July 9 @ 5:30 PM
- Men's Prayer Breakfast Thursday, July 10 @ 7:00 AM
- Women's Bible Study Thursday, July 10 @ 12:00 PM
- Being With Sunday, July 13 @ 9:15 AM

From the Rector...

The sand was so hot this weekend that Sweet Petunia kept hopping from one back paw to the other as she sniffed a fish carcass—thankfully, she didn't roll in it! The whole neighborhood felt the heat. It wasn't just the sun warming things up—there was tension in the skies too.

On either side of the Frazer beach house are
Osprey nests. These majestic birds have ruled
the skies over Bear Point for years. After the
BP oil spill, my father-in-law saw one of the
birds emerge from the water with oil on its
feathers. He called the hotline, and within an
hour, wildlife teams arrived to rescue, clean the
birds, and relocate them to Tampa Bay. Two
years later, the Osprey found their way back home.



Hurricane Sally brought new challenges. Every pier was wiped out, along with the nesting platform. The Osprey survived, nesting temporarily in trees until the platform was rebuilt. The second platform was later added, and now more Osprey than ever soar above the bay.

Each summer, fledglings are born. If you're lucky, you can catch a glimpse of them nestled in the safety of the nest. The parents guard them fiercely—one always watching the nest

while the other fishes. Osprey mate for life, and their partnership is marked by mutual care and constant communication.

Our pine tree, situated between the two nests, often hosts the Osprey at mealtime—which explains the fish remnants on our beach. It's also a favorite perch of Fred, a well-known heron around Orange Beach. Normally, Fred and the Osprey maintain a sort of tentative truce. But this weekend, the peace was broken.

Cutty and I were swimming at the pier when we heard loud, angry squawks overhead. At first, I figured Mom and Dad Osprey were bickering over whose turn it was the kids. Then I noticed that the Osprey weren't gliding as usual; one was diving with purpose into the tree line, flapping his wings in an aggressive manner and squawking loudly. That's when I spotted Fred, perched high in a nearby oak, perfectly positioned with a direct line of sight to the nest. The Osprey weren't squabbling—they were defending their young, still too small to fly and completely dependent. The fledglings were vulnerable, and Fred's presence was a threat.

The standoff lasted longer than I expected. Fred, stubborn as ever, refused to budge. No matter how many times the Osprey flew at him—wings flapping in his face, screeching their warning—he wouldn't leave. Then something remarkable happened. The young Osprey, a new parent, cried out more urgently—and was joined by an older bird from the original nest who swooped in to help. Two generations, united in purpose. At last, faced with the determined pair, Fred squawked and gave up his perch. The Osprey had prevailed.

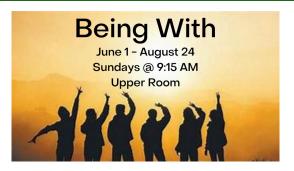
As I watched, I was struck by the beauty of loyalty. These birds didn't attack out of habit or pride, but out of love—for their vulnerable young. When the least among them were threatened, they rose together.

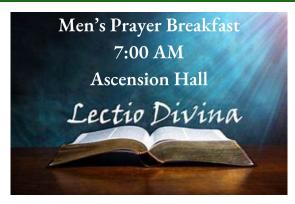
There's something sacred about loyalty, especially when it's rooted in care for the vulnerable. As I watched the "Battle of Bear Point" unfold, I was struck by this truth: when we stand together for those who cannot stand for themselves, there is strength. I've never seen the Osprey pick a fight with Fred before. They've shared trees and fished the same waters in peace. But when Fred became a threat to the least of these—their helpless young—they rose together in defense.

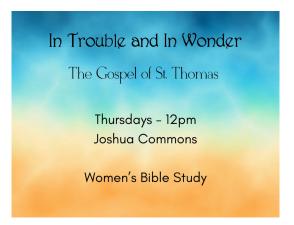
In a world where so many are voiceless and vulnerable, I hope we too find the courage to stand together—to protect, to defend, and to love.

Light and Life,
Candice Frazer+
candice@coascension.org

GROW











The Good Book Club - an offering of <u>Forward Movement</u> - is simple and free. You can follow the <u>reading list</u> online for no charge, or follow along with your own Bible at home. Read one psalm a day on Track 1, or read through all 150 psalms on Track 2.

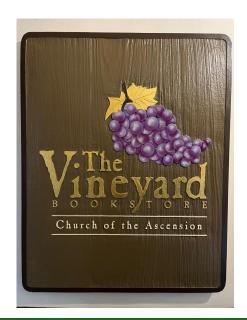
Download bulletin inserts from the Good Book Club's <u>Resources page</u> or right here: <u>Track 1 | Track 2</u>

SERVE

To Volunteer Click **HERE!**







WORSHIP







A Special Note from Your Stewardship Committee

Your Stewardship Committee is excited to announce our theme for the 2025-2026 campaign: "Tell Out My Soul" – a call to consider all God has done for us, and to respond with joyful generosity. "Tell Out My Soul" reflects the giving heart of Mary and her willingness and eagerness to serve and remain faithful, even through the unknown.

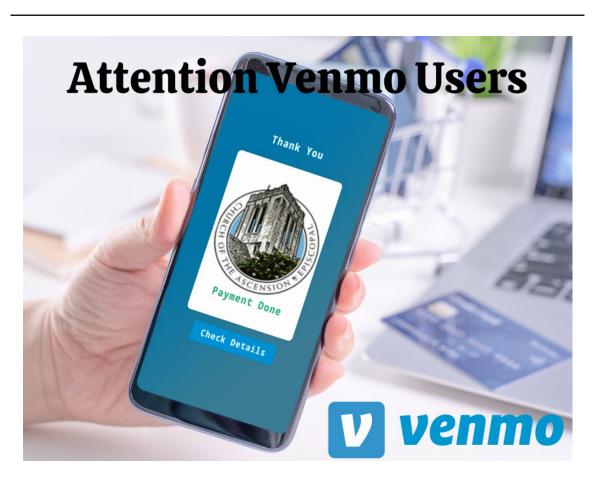
We invite you to help us jumpstart our stewardship campaign as we head into summer. As this season arrives and we find time for rest, travel, and renewal, it's important to remember that the life of our church continues – in worship, outreach, and care for our community.

Like many churches, we often see a dip in giving during the summer months, even as our ministries and expenses remain steady. If you are able to continue your current giving or make a gift during this season, it makes a meaningful difference and helps us stay strong and consistent in our work.

Summer gives us many opportunities to "tell out" to friends, family, and the community about the good work of Church of the Ascension. Your support helps ensure that our parish continues to be a place where that story is told boldly – in word, in service, and in love.

Thank you for being part of that witness.

Your Stewardship Committee



As electronic payments become more widely used we ask that anyone who uses Venmo to <u>please add a short summary of what the payment is for in the description field</u>. We now accept Venmo for Wednesday night dinner, Sunday morning breakfast, purchases in The Vineyard Bookstore, as well as for giving. This description will help us allocate the resources appropriately. Thanks!

CONNECT



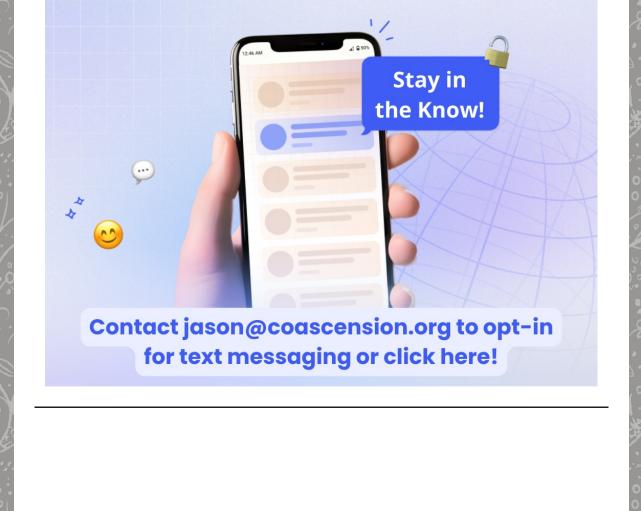
If you haven't turned in your pledge card please do so as soon as possible. Thanks! If you would like to fill your pledge card out online click <u>HERE!</u>

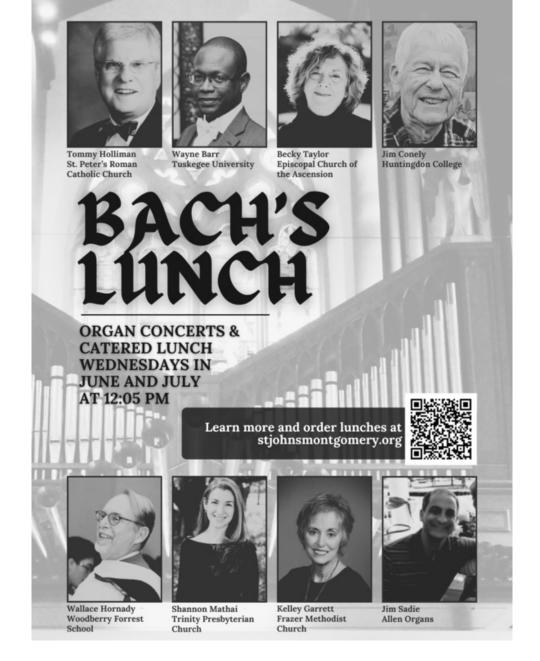
Financial Gifts Offered This Week Month Financial Gifts Offered This Monthly

\$2,796 \$40,864 \$85,500

Total Pledged Amount for 2025 - \$912,628 Total Collected Amount for 2025 - \$467,108

Opt-In for Text Notifications!





Announcing Bach's Lunch Summer Organ concerts at St John's.

25 minute Concerts Wednesdays at 12:05pm followed by lunch in the Parish Hall.

Lunches may be pre-ordered for \$15. (Information available on the church web page - link below)

Music lists, lunch menu, and ordering information available here

Staff Directory

The Rev. Candice B. Frazer, Rector candice@coascension.org
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PRAYER FOR THE ASCENSION

Almighty and everlasting Father, we stand in your presence, awed and silenced by your goodness and wisdom. We rejoice in the outpouring of your Spirit on the Ascension and our ministries. Help each of us to remember that we are walking in your sight, and that you are present with us at every moment. Through your Holy Spirit, guide us in our prayers and enable us to focus our thoughts on you, so that we may be filled with the knowledge of your will. Grant us the wisdom to ask what you would have us do; the strength and courage to carry out your work; and the grace to show our gratitude through good stewardship of your gracious gifts. We ask all things in the name of Jesus Christ, our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

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