

The Episcopal Church of the Ascension



*We believe in sharing love and grace
with God and one another.*

**THE TENTH SUNDAY AFTER PENTECOST
AUGUST 2, 2026**

The Rt. Rev. Richard Lawson, Bishop of Alabama
The Rev. Candice B. Frazer, Rector
The Rev. David Hall, Interim Associate Rector

MINISTERS SERVING THIS SUNDAY

ORGANIST/CHOIR MASTER:

Rebecca Taylor

LECTOR: Paula Smith

LEMs: Anne Kimzey, Robert Prescott

Virginia Humphrey

VERGER: Bill Garrett

CHILDREN'S CHURCH: Laura & Nick Mielke

ACOLYTES: Team Mark

Alden Pate, Addie Liveoak,
Wren Mielke, Penelope Daniel

AV CREW: Jason Pate

ALTAR GUILD: Pat Rutland,
Arrol Sheehan, Monique Walker

FLOWER GUILD: Patty McDonlad

USHERS: Hunter McDonald,
Scott Edmondson

HOLY EUCHARIST RITE TWO 11:00 AM

Voluntary *Let Us Break Bread Together*
Introit *Come and seek the ways of wisdom*
Hymn 410 *Praise, my soul, the King of heaven*

(R. Haan)
(D. Hurd)
(*Lauda anima*)

Unison or harmony



1 Praise, my soul, the King of hea - ven; to his feet thy tri - bute bring;
2 Praise him for his grace and fa - vor to his peo - ple in dis - tress;
3 Fa - ther - like he tends and spares us; well our fee - ble frame he knows;
4 An - gels, help us to a - dore him; ye be - hold him face to face;



ran - somed, healed, re - stored, for - giv - en, ev - er - more his prais - es sing:
praise him still the same as ev - er, slow to chide, and swift to bless:
in his hand he gen - tly bears us, res - cues us from all our foes.
sun and moon, bow down be - fore him, dwell - ers all in time and space.



Al - le - lu - ia, al - le - lu - ia! Praise the ev - er - last - ing King.
Al - le - lu - ia, al - le - lu - ia! Glo - rious in his faith - ful - ness.
Al - le - lu - ia, al - le - lu - ia! Wide - ly yet his mer - cy flows.
Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.



The Word of God

Celebrant: Blessed be God: Father, Son, and Holy Spirit
People: And blessed be his kingdom, now and for ever. Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

1. Glo - ry to God in the high - est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly
 King, al - might - y God and Fa - ther, we wor - ship you, we
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE FIRST LESSON: GENESIS 32:22-31

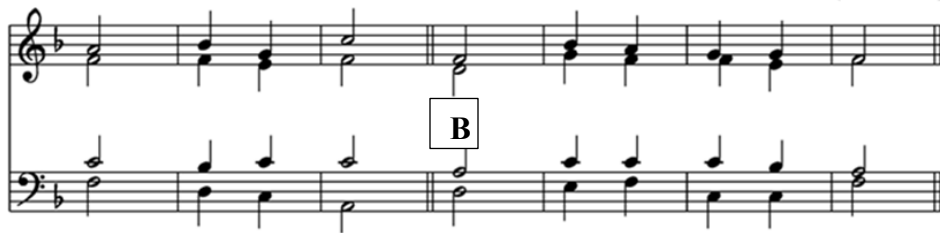
A reading from the book of Genesis.

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

Reader The Word of the Lord.
People Thanks be to God.

PSALM 17:1-7, 16

William Russell
(1777-1813)



- 1 Hear my plea of innocence, O Lord;
give / heed to • my / cry; *
listen to my prayer, which does not / come from / ly - ing / lips.
- 2 Let my vindication come / forth from • your / presence; *
let your / eyes be / fixed on / justice.
- 3 Weigh my heart, summon / me by / night, *
melt me down; you will find / no im- / purity • in / me.
- 4 I give no offense with my / mouth as / others do; *
I have / heeded • the / words of • your / lips.
- 5 My footsteps hold fast to the / ways of • your / law; *
in your paths my / feet shall / **not** / stumble.
- 6 I call upon you, O God, for / you will / answer me; *
incline your ear to me and / **hear** / **my** / words.
- 7 Show me your marvelous / lov - ing- / kindness, *
O Savior of those who take refuge at your right hand
from / those who / rise up • a- / gainst them.
- 16 But at my vindication I shall / see your / face; *
when I awake, I shall be satisfied, be- / holding • your / **like**- / ness.

The Epistle: Romans 9:1-5

A reading from Paul's letter to the Romans.

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Reader The Word of the Lord.
People Thanks be to God.

Sequence Hymn **51** *We the Lord's people, heart and voice uniting*

(Decatur Place)

Holy Gospel Matthew 14:13-21

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.
People Glory to you, Lord Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

The Rev. Canon Katie Pearson

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
by the power of the Holy Spirit
he became incarnate from the Virgin Mary
and was made man

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People are according to Form IV, found on page 388. (*Pause for a count of four.*)

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Sarah, the Archbishop of Canterbury; Sean, our Presiding Bishop; Glenda our bishop; and Candice and David, our clergy.

Silence

Lord, in your mercy
Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for Donald, our President; Kay, our Governor; Steven, our Mayor.

Silence

Lord, in your mercy
Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy
Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray for the safety of our armed forces both here and abroad; we pray for peace in the world; in our country; in our homes; and in our hearts, we give thanks for Ascension Day School; and for The Way, The Truth and The Life, our capital campaign.

We pray for our next Director of Music Ministry:

O God, who has blessed and sustained us through the years; we ask that you continue to lead us, stretch us, and direct us in our search for a new director of music. Raise for us, we pray, someone who will faithfully serve your people with love and compassion, leading us to be more deeply engaged in worship, that we may continue to grow in the likeness of Christ and be a beacon of love and hope to our community and the world. To the glory of your Holy Name.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray especially Dan, Julia, Bo, Brett, Paul, Chris, Kenneth, Bob, Brittney, Violet and Family, Andi, George, Sue & Bill, Ann, Betty, Sophie, Hugh, Ginny, Lila, Bruce, Ann

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died especially for those in whose memory the altar flowers are given: Leona Littlefield Alsabrook, James Ervin Alsabrook, Robert Hendricks, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

[Stay until the priest has finished the collect.]

The Confession

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. *Amen.*

The Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Announcements

Giving is available on-line by going to our website and click on the "Give" link. Or on Venmo: @ChurchoftheAscension-Montgomery,Alabama

Offertory Anthem *Draw us in the Spirit's tether*

(H. Friedell)

The Presentation *The Doxology: Hymn 380, vs. 3*

(Old 100th)

Celebrant All things come of thee, O Lord.

People And of thine own have we given thee.

The Holy Communion

The Great Thanksgiving

Eucharistic Prayer B

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks unto our Lord God.

People It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus Hymn S125

(R. Proulx)



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Memorial Acclamation **S138**



1

Music: McNeil Robinson II (b. 1943). Copyright © 1984 Theodore Presser Co. Used by permission of the publisher.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

Our Father who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

Fraction Anthem: Hymn S169 *My flesh is food indeed*

The musical score is written on four staves. The first staff is labeled 'Cantor or Choir' and contains the melody for 'My flesh is food in - deed, and my blood is drink in -'. The second staff has two parts: '1 All' and '2 Cantor or Choir'. The '1 All' part contains the melody for 'deed, says the Lord. My Lord.' and the '2 Cantor or Choir' part contains the melody for 'Those who eat my'. The third staff is labeled 'All' and contains the melody for 'flesh and drink my blood dwell in me and I in them. My'. The fourth staff contains the melody for 'flesh is food in - deed, and my blood is drink in - deed, says the Lord.'.

Music: Ray W. Urwin (b. 1950). Copyright © 1984 by Ray W. Urwin. Used by permission.

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Anthem

O thou sweetest source

(C. Wood)

Hymn during Communion: *Hymnal 1982 318*



1 Here, O my Lord, I see thee face to face;
2 Here would I feed up - on the Bread of God;
3 I have no help but thine; nor do I need
4 Mine is the sin, but thine the right - eous - ness;



here would I touch and han - dle things un - seen;
here drink with thee the roy - al Wine of heaven;
an - oth - er arm save thine to lean up - on;
mine is the guilt, but thine the cleans - ing Blood.



here grasp with firm - er hand e - ter - nal grace,
here would I lay a - side each earth - ly load,
it is e - nough, my Lord, e - nough in - deed;
Here is my robe, my re - fuge, and my peace;



and all my wea - ri - ness up - on thee lean.
here taste a - fresh the calm of sin for - given.
my strength is in thy might, thy might a - lone.
thy Blood, thy right - eous - ness, O Lord, my God.

Words: Horatius Bonar (1808-1889). Music: *Nyack*, Warren Swenson (b. 1937). Copyright © 1970, Warren Swanson.

After Communion, the Celebrant says

Lay Eucharistic Commission:

In the name of this congregation, we send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

All: We who are many, are one body because we all share in one bread, one cup

Post Communion Prayer

Celebrant Let us pray.

The People join in saying this prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. *Amen.*

Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty the Father, Son, and the Holy Spirit, be amongst you, and remain with you always. *Amen*

Processional Hymn 690 *Guide me, O thou great Jehovah (Cwm Rhondda)*

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

The Dismissal

Celebrant: Go in peace to love and serve the Lord.

People: Thanks be to God.

Voluntary *Paeon*

(*H. Howells*)

This week at Ascension

SUNDAY, AUGUST 2 THE TENTH SUNDAY OF PENTECOST

8:00 AM HOLY EUCHARIST RITE I & BLESSING OF THE EYC MISSION TEAM
8:30 AM CONTINENTAL BREAKFAST IN ASCENSION HALL
9:15 AM CLERGY FORUM (UPPER ROOM)
10:30 AM HOLY EUCHARIST RITE II (LIVESTREAMED)

MONDAY, AUGUST 3 JOANNA, MARY, AND SALOME, MYRRH-BEARING WOMEN

8:00 AM MORNING PRAYER (FACEBOOK LIVE)

TUESDAY, AUGUST 4

8:00 AM MORNING PRAYER (FACEBOOK LIVE)

WEDNESDAY, AUGUST 5

8:00 AM MORNING PRAYER (FACEBOOK LIVE)

THURSDAY, AUGUST 6 THE TRANSFIGURATION OF JESUS CHRIST

8:00 AM MORNING PRAYER (FACEBOOK LIVE)

FRIDAY, AUGUST 7 JOHN MASON NEALE, PRIEST AND HYMNOGRAPHER, 1866

8:00 AM MORNING PRAYER (FACEBOOK LIVE)

SATURDAY, AUGUST 8 DOMINIC, PRIEST AND FRIAR, 1221



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